

BBC Children in Need Fundraising with The Body Coach, Joe Wicks

Dear Parents/Guardians,

As you may already know, Friday 15th November 2019 is the annual Appeal Day for BBC Children in Need. This year, the fundraising challenge has received an exciting boost from The Body Coach, Joe Wicks, who has joined as Schools Ambassador.

St Edmund's and St Thomas' are excited to be joining with many others around the UK to participate in the fundraising programme. Joe is working with schools in a number of ways to inspire and empower children in their efforts. He has some energising recipes perfect for healthy bake sales; lessons and resources to get children having fun whilst learning about exercise and movement; plus, some '5-minute move' workout videos made especially for the classroom.

On the appeal morning at 9 a.m., schools across the UK are getting together to be active and raise money. Joe will be hosting the 'Big Morning Move', an exclusive activity session tailored for schools, which will be live-streamed on the BBC Children in Need YouTube channel.

You are welcome to make a donation if you wish. Children can also wear any Children in Need accessories as well as full school uniform.

Thank you for your continued support.

Yours faithfully,

Miss Claire Sharrock
St Edmund's and St Thomas'