



## St. Edmund's and St. Thomas' PE and School Sports/PE Vision Statement

**St Edmund's and St Thomas' Catholic Primary School is a vibrant and dynamic school where children are challenged and inspired to flourish.**

### **Our 'Real PE' Programme**

At St Edmund's and St Thomas' Catholic Primary School we pride ourselves on the quality of our PE curriculum and the excellent progress our children make. We ensure our children, from Nursery to Y6, receive high quality teaching which enables them to develop their skills and deepen their understanding of a variety of sports, at all ability levels.

In 2015-16 we launched '*Real PE*' which is an approach and philosophy that aims to transform the teaching of PE in order to include, challenge and support every child. The foundations of the schemes are based on the Fundamental Movement Skills (FMS) of agility, balance and coordination; along with inclusive competition, cooperative learning and the broader essential holistic skills (creative, cognitive, social and personal skills). It is fully aligned to the National Curriculum and Ofsted requirements.

Our '*Real PE*' programme provides our staff with a well-structured CPD programme designed to develop and refine their knowledge and skills; which in turn improves their teaching of PE. Fun yet simple schemes of work have been designed, which outline the continuity and progression of skills our pupils should develop in order to make excellent progress. The impact of this work, coupled with our extensive extra-curricular programme and lunchtime provision can be seen in: the quality of our PE lessons and sports provision; our success in being named **Primary School of the Year at the Sefton Sports Awards** and in the range of competitions our children have participated in, across Sefton and Liverpool.

### **Through Sport:**

#### **We will INSPIRE every child:**

- To recognise, respect and live out the values contained in our Mission Statement: ***Love, Learn and Live Like Jesus***
- To develop a life-long love of learning, through providing an exciting, ever-evolving curriculum; that meets their needs and interests.
- To explore and be imaginative, creative thinkers.
- To show a caring attitude towards each other, so that they become reflective, thoughtful and respectful citizens.

#### **We will CHALLENGE every child:**

- To develop an open, active, inquisitive approach to learning.
- To open their minds and value the thoughts and opinions of others.
- To develop their independence, innovation and individuality.
- To have high aspirations and belief in their own abilities and talents.
- To recognise, respect and live out the values of teamwork.

**We will support every child to FLOURISH:**

- By ensuring that all pupils are both supported and challenged in their learning, with work being provided that enables them to make good progress.
- By creating a sports environment where the skills of every child are allowed to flourish and achievements in all areas are celebrated.

**Sport**

Our extensive provision for sport ensures that our children have the chance to participate and excel in a wide range of sports delivered by both teaching staff and professional coaches. It includes high quality PE lessons; a large range of extra-curricular clubs; as well as organising lunchtimes in such a way that all pupils have the opportunity to play sport.

Our extra-curricular clubs and lunchtime activities include: football (girls and boys), netball, North American sports, multi-skills, athletics, cross country, dodgeball, judo, dance, tennis, badminton, volleyball, basketball, tag rugby, cricket and rounders. Our aim, as part of our Healthy Living/Keeping Active initiative, is for all children to be active and play sport at least once a day and we are proud to say we are achieving this.

Over the last 7 years we have worked hard to improve the fitness levels of all our children through encouraging them to regularly run laps of our school field. We have seen significant increases in the stamina levels of our children; as well as improved positive attitudes towards running and sport in general.

We are committed to providing as many children as is possible with the opportunity to participate in competitive sports. Our school sports days contain competitive elements and children from Nursery – Y6 participate. Teams (including A and B teams) regularly compete in local competitions and across Liverpool, in a variety of disciplines.

**Community**

We have strong links with our local community. Significant numbers of our children attend local sports clubs and some of the local coaches regularly work in our school. Our children regularly play sport at: Waterloo Rugby Club, Bootle Cricket Club, Northern and Hightown cricket clubs, Crosby Stuart and Hightown football clubs, Blundellsands tennis club, trampolining at the City of Liverpool gym club, running at Litherland Sports Park .

We pride ourselves on being a community school. We have an excellent relationship with our families and the local parish community and strive to support initiatives whenever possible.